



SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN
(Autonomous)

Re – Accredited at ‘A+’ Grade by NAAC (Fourth Cycle)

(CGPA of 3.53)

An ISO 9001:2008 Certified Institution

Udumalpet

Health and Hygiene Club

Annual report for the year 2019-2020

The activities of Health and Hygiene club commenced for the year 2019-20 with the election of selvi P. Indhumathi of III-B.A. English Literature(SF) as the Secretary of the club. Final year students of our college of each department are the members of the club. The club intends to educate the students by creating awareness on the various activities of Health and Hygiene.

With regard to National Deworming day (NDD)- 08.08.2019 De-worm tablets were distributed to I UG students at the college campus on 08.08.2019 by the club members and secretary through Urban Primary Health Centre, Udumalpet.

The Health and Hygiene Club conducted an Integrated Wellness Camp for faculty of (age group 45+) in collaboration with Ayusha Aayushpathi, Universal Peace Foundation (UPF) of Thirumoorthi Hills, Udumalpet, Tirupur(Dt) on 03.09.2019 between 9.00am to 1.00pm at Indoor Stadium of G.V.G Campus. Consultations about Diet, Naturopathy, Nadi check up, Yoga, Blood test, Dental and breathing exercise have been conducted through Doctors from concerned branches. Nearly 40 members were benefitted through this camp.

An Integrated Wellness Review Camp for faculty of (age group 45+) in collaboration with Ayusha Aayushpathi, Universal Peace Foundation of Thirumoorthi Hills, Udumalpet, on 03.10.2019 between

9.00am to 1.00pm at Board Room of G.V.G Campus. Review cum Consultations was given to members. Special consultation was given by Dr.V.Mahendran M.B.B.S., DCH, DAC, Ph.D, Treatment and Centre for Thyroid, R.S.Puram, Coimbatore.

As per the communication received from the Director of Collegiate Education (PAC) Chennai, Govt. Lr No-1511/M/2020-1 dated 03.02.2020, Corona Virus- Awareness Programme for 150 students and faculty has been conducted on 10.02.2020 at 1.00pm at Conference Hall of GVG Campus Dr. S.Gowtham MBBS, Medical officer and Dr. Parthiban , Block Medical officer, Urban primary health centre, Udumalpet addressed the students about causes, prevention and prolict from Corona Virus and safety measures and safety measures from the environment . Practical demonstration about hygiene measures especially hand washing through seven steps has been insisted by the members of Primary Health Centre. The students were actively participated, interacted and cleared their doubts regarding ‘Corona Virus’. With regard to this programme the report was sent to the Director of Collegiate Education, Chennai and Joint Director of Collegiate Education, Coimbatore. PPT details related to Corona Virus have been displayed to students through CAMU-The Learning Management System.

Deworm tablets were distributed to all IUG students on in association with Urban Primary Health Centre, Udumalpet.

The club conducted an Essay Writing competition entitled “Health, Hygiene and Nutrition” for the students on 10.02.2020 and 33 Students were participated. The following students are the winners of the competition.

I prize- Dharani .P – III B.Sc Zoology

II prize- Hemalatha .M – II B.Sc Mathematics(SF)