



## **SRI G.V.G VISALAKSHI COLLEGE FOR WOMEN**

**(Autonomous)**

Re – Accredited at ‘A+’ Grade by NAAC (Fourth Cycle)

(CGPA of 3.53)

An ISO 9001:2008 Certified Institution

Udumalpet

### **HEALTH AND HYGIENE CLUB**

#### **REPORT FOR THE YEAR 2020-2021**

The activities of Health and Hygiene club commenced for the year 2020-2021. The club and NCC jointly conducted a programme on "Personal Health Care Programme" in collaboration with, Bella Premier Pvt.Ltd on 09.03.2021 at Conference Hall of our campus. The resource person addressed the students about the hygiene of napkins. The students were actively participated, interacted and cleared their doubts regarding personal hygiene.

De-worm tablets were distributed to UG and PG students in the college campus through Urban Primary Health Centre, Udumalpet, along with club members on 17.03.2021.

An awareness programme on “Food safety measures and Adulteration of food products” was conducted on 19.03.2021 at Kumaramangalam Village with our students volunteer. In this occasion the Mr. Leo Andrews, Food safety officer, Madathukulam, addressed the students and public. The final year students of chemistry (20 members) clearly explained the importance of Diet and Health, Food safety measures and Adulteration of food products by doing door to door campaign and distributing the pamphlet.