



Sri G.V.G. Visalakshi College for Women, Udumalpet-642128
Autonomous and Affiliated to Bharathiar University, Coimbatore
Accredited at A⁺ grade by NAAC (Fourth cycle)
An ISO 9001:2015 Certified Institution
www.gvgvc.ac.in; principal@gvgvc.ac.in Ph.04252-223019 Fax: 04252-233111



DEPARTMENT OF ZOOLOGY

Organizes a

“Online Guest Lecture on Health and Hormones”

(Under the DBT Star Status Scheme)

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Department of Zoology
Organizes a

GUEST LECTURE ON HEALTH AND HORMONES – ONLINE

Under DBT Star Status Scheme

**Learn How To
Take Control Of
Your Hormone
Health**

RESOURCE PERSON

Dr.N.Aarthi
Assistant Professor
Dept.of Zoology
Sri Sarada College for Women, Salem.

Date
19.03.2024

Time
10:30 am- 12:30 pm

Venue
Online

Dr.D.Abirami
DBT Co - Ordinator

Dr.S.Kalaichelvi
Head of the Dept.

Dr.N.Lakshmi
Principal i/c

ORGANIZING COMMITTEE

- Dr.S.Beula Agnes, Assistant Professor.
- Dr.K.Manimegalai, Assistant Professor.
- Dr.M.Mohanasundari, Assistant Professor.



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“Online Guest Lecture on Health and Hormones” Report – Minutes

Guest Lecture on
Health and Hormones.

Date: 19.03.2024
Time: 10:30 to 12:30pm
Venue: online
Beneficiaries: 80 students + 5 faculties
Resource person: Dr. N. Arathi
Assistant Professor
Department of Zoology
Sri Sarada College for women
Salem.

Resource person delivered the lecture on health and hormones. She explained that the hormones affect many different processes including growth, development and metabolism. She also mentioned about the important role of hormones like insulin, glucagon, LH, melatonin etc.

Outcome:
Students were impressed by her lecture and interacted with the resource person to clear their doubts.

DB Signature of the DBT-coordinator	 Signature of the HOD	 Signature of the principal
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**“Online Guest Lecture on Health and Hormones”
List of Beneficiaries**

S. No	Reg.No	Name of the Student	Signature
1.	23BZ1366	DEVASMITA.D	Devasmita D
2.	23BZ1367	DHARANI.K	Dharani.K
3.	23BZ1368	DHARSHINI.K	K.Dharshini
4.	23BZ1369	FATHIMA.H	Fathima.H.
5.	23BZ1370	GOKILAVANI.P	P.Gokilavani
6.	23BZ1371	HARSATHA.J	J. Harsatha.
7.	23BZ1372	JANANI.A	Janani.A
8.	23BZ1373	PADMAABIRAM.S	S.Padmaabirami
9.	23BZ1374	PONNARASI.M	M. Ponnarasi
10.	23BZ1375	PRAVEENA.G	G. Praveena
11.	23BZ1376	PREETHI.P	Preethi.P.
12.	23BZ1377	PRIYADARSHINI.G	Pr. Priyadarshini
13.	23BZ1378	PRIYADHARSHINI.S	Absent
14.	23BZ1379	RAMYA.S	Ramya.S
15.	23BZ1380	SANGAVI.K	Sangavi.K.
16.	23BZ1381	SOUNDHARYA.V	V. Soundharya
17.	23BZ1382	SRI PRASANNA.M	M. Sri Prasanna
18.	23BZ1383	SUBIKSHA.N	N. Subiksha



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S. No.	Reg. No	Name of the Student	Signature :
19.	22BP0755	SIVARANJANI M	Sivaranjani.
20.	22BZ0771	ABINANDHANA K	Abinandhana
21.	22BZ0772	ABINAYA V	Abinaya
22.	22BZ0773	AMUTHA BHARATHI T	Amutha
23.	22BZ0774	ASHIKA ALMAS N	N. Ashikalmas
24.	22BZ0775	DHARANI G	G. Dharaani
25.	22BZ0776	GOWSALYA V	V. Gowalya
26.	22BZ0777	KARTHIKA S	Karthika.
27.	22BZ0778	KARTHIKAUDHAYADHARSHINI R	R. Karthika
28.	22BZ0779	KAVIYA B	B. Kavya
29.	22BZ0780	KAVYA G	G. Kavya
30.	22BZ0781	KIRUTHIKA D	Kiruthika.
31.	22BZ0782	KOKILA S	S. Kokila
32.	22BZ0783	KOWSALYA DEVI T	T. Kowsalya Devi
33.	22BZ0784	NANDHINI E	Nandhini.
34.	22BZ0785	NANDHINI K	Nandhini
35.	22BZ0786	NIVETHA S	S. Nivetha
36.	22BZ0787	PRIYADHARSHINI K	K. Priyadharshini
37.	22BZ0788	SHAKTHI T	Shakthi
38.	22BZ0790	SRINITHI R	R. Srinithi
39.	22BZ0791	SRINITHYA M	M. Srinithya
40.	22BZ0792	SUJITHRA S	Sujithra
41.	22BZ0793	SURYA R	R. Surya
42.	22BZ1206	JAYASRI S	S. Jayasri



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75
Azadi Ka
Amrit Mahotsav

S.No	Register No	Name of the Student	Signature
43.	21BZ0162	G. AARTHI	G. Aarthi
44.	21BZ0163	N. AVILA	N. Avila
45.	21BZ0165	S. BHUVANESWARI	S. Bhuvaneshwari
46.	21BZ0166	P. DHARSHINI	P. Dharshini
47.	21BZ0167	S. DHIVYA	S. Dhivya
48.	21BZ0168	S. DHIVYA MARIYAMMAL	S. Dhivya
49.	21BZ0169	A. JANANY	A. Janany
50.	21BZ0170	S. KALAIVANI	S. Kalavani
51.	21BZ0171	M. KOKILA	M. Kokila
52.	21BZ0172	K. MANIMEKALA	K. Manimekala
53.	21BZ0173	V. NIROJA	V. Niroja
54.	21BZ0174	S. PAVITHNA	S. Pavithna
55.	21BZ0175	M. ROSHIYA	M. Roshiya
56.	21BZ0176	S. SANGEETHA	S. Sangeetha
57.	21BZ0177	M. SARANYA	M. Saranya
58.	21BZ0178	S. SATHYAROOBHA	S. Sathyarobha
59.	21BZ0179	S. SHRILEKHA	S. Shrilekha
60.	21BZ0180	G. SIVAPRIYADHARSHINI	G. Sivapriyadharsini
61.	21BZ0181	K. SUJITHA	K. Sujitha
62.	21BZ0182	S. THOWLATH	S. Thowlath
63.	21BZ0183	T. VINOETHA	T. Vinootha
64.	19BZR8309	K.SARANYA	K. Saranya



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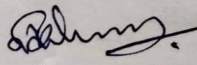


75
Azadi Ka
Amrit Mahotsav

S.No	Name of the Student	Signature
65.	ASHA FATHIMA. A	Asha fathima
66.	BARANI.P	Barani.P
67.	DEEKSHITHA.S	Deekshitha.S
68.	HARSHADA BANU.H	Harshada Banu.H
69.	KAVIPRABHA .T	Kavi Prabha.T
70.	NIVETHA.S	Nivetha.S
71.	RENUGA.R	Renuga.R
72.	SAI KIRTHANNA.S.G	Sai Kirthanna.S.G
73.	SELVARANI A	Selvarani A
74.	SHOBANA.M	Shobana.M
75.	VANIR	Vani.R
76.	JAYA SUBHA SNEKA B	J.B. Jaya Shubha Sneka
77.	REVATHY S	S. Revathy
78.	SANGEETHA V	V. Sangeetha
79.	SHEELA J	Sheela J

80. PAVITHRA. C

Pavithra


Signature of HoD
(Dr. S. Kalaiichelvi)



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meet.google.com/jwo-dkts-gpo?authuser=0

3:22 PM | jwo-dkts-gpo

15:22 04-04-2024

meet.google.com/jwo-dkts-gpo?authuser=0

Malar Shanmugam (Presenting)

Introduction

Generations vary and accordingly the health too. After Corona significant and obvious changes were noticed in the students community.

Mental health solely correlates with the physical fitness. Most of the Z gens are very sluggish and that reflects in their health and mental wellness.

Mental wellness is very important since their cognitive thinking, attention span, emotional thinking, critical thinking is directly proportional to mental health and indirectly proportional to stress and depression.

3:26 PM | jwo-dkts-gpo

15:26 04-04-2024



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Browser tabs: Sign in to Gmail - Computer - X, (no subject) - zoologyc5c6@g..., (no subject) - senthilbeulah@..., Meet - jwo-dkts-gpo, (19) WhatsApp

URL: meet.google.com/jwo-dkts-gpo?authuser=0

Meeting: Malar Shanmugam (Presenting)

Slide Title: Gut Microbes and hormones

Participants: Dr.D. Abirami, Ashika Mumtaj, kalaichelvi sivasubramani..., kavi prabha, Roshiya M, Malar Shanmugam (M), Sangeetha S, sarada zoo, 9 others, Zoology FDP

Message: Dr.Beula Senthilkumar has left the meeting

Time: 3:36 PM | jwo-dkts-gpo

System tray: Windows, Edge, File Explorer, Word, PowerPoint, 15:36 04-04-2024

Browser tabs: Sign in to Gmail - Computer - X, (no subject) - zoologyc5c6@g..., (no subject) - senthilbeulah@..., Meet - jwo-dkts-gpo, (19) WhatsApp

URL: meet.google.com/jwo-dkts-gpo?authuser=0

Participant: kalaichelvi sivasubramanian

People List:

- Ashika Mumtaj
- BHUVANESHWARIS
- Dhivya Mariyammal
- Dr.Beula Senthilkumar
- Dr.D. Abirami
- Dr.K.Manimegalai
- kalaichelvi sivasubrama...
- Karthika Ramachandran

Participant: Malar Shanmugam... (M)

Participant: Ashika Mumtaj (A)

Participant: kavi prabha (k)

Participant: Roshiya M (R)

Participant: Someone wants to join this call (A)

Participant: Zoology FDP (Z)

Time: 3:23 PM | jwo-dkts-gpo

System tray: Windows, Edge, File Explorer, Word, PowerPoint, 15:23 04-04-2024