



## Capability Enhancement and Development Schemes

### Personal Counselling

Sri G.V.G.Visalakshi College for Women has strong mentor system for the students to take care of the academic, emotional, social and cognitive development of the students.

Personal Counseling is provided to the students at different levels

- Mentor in charge
- Head of the Department
- Principal
- Grievance Redressal Cell
- Visiting Doctors
- Wardens for hostel students
- College Union

to address their academic and personal issues.

Personal counselling plays a significant role in the personal and social well-being of the students. The distinct feature of Sri GVG Visalakshi College is the mentor system which was introduced from the inception of autonomy. This is one of the most effective systems functioning in the institution that bridges the gap between the students and teaching community. Each faculty (tutor) member is assigned a group of students as their wards. The interactions between them help the wards to improve the record of their activities, both in academic & personal fronts.

The mentor system in the college has been functioning effectively with the allotment of wards to every faculty. The activities are monitored by the Head of the Department and the Principal.

#### Functioning of Mentor System

The mentor system for the wards provides confidentiality and space for the students to reveal their problems, academic and personal - physical, mental, financial, situational, social etc.

- The Mentor and ward allotment is done according to the staff -student ratio.
- The teacher collects personal information from her ward. The teacher meets her wards informally outside class hours.

- The rules and regulations, welfare measures and various scholarships available and the ways to go about them are explained to the wards
- The Mentor meets their wards in a time bound manner, analyses their academic, personal issues and addresses to their problems
- The students address their difficulties to their faculty in-charge or mentor and the required solution is sought in the form of counselling, remedial classes, Meditation and Yoga, Financial aid etc.,
- In specific cases the parents are called and counselling is provided to them also.
- The academic performance is monitored and remedial coaching is provided for the slow learners.
- Heads of the Departments are informed and they extend their help and support to the students through counselling.
- Students have the opportunity to interact with lady doctors for counselling whenever necessary.
- In certain cases apart from the mentor and the Head of the Department, the Principal also provides counselling.
- A record of the counselling given to the students is maintained in all the departments.
- Hostel wardens are trained and advised to take care of the needs of the students so as to keep them at ease. Wardens update the principal, frequently, regarding the activities of the students in the hostel.
- Student Union office bearers also play a role in offering counselling to their juniors when they hesitate to approach the faculty.

**Faculty:**

Counseling is also provided to the needy faculty and non-teaching faculty to keep them comfortable in the workplace and at home.